

BREAKFAST

✓ **OATMEAL 18**

Adagio Acres steel cut oats served with organic brown sugar and fresh berries

✓ **FGH GRANOLA 18**

with Greek yogurt and fresh berries

✓ **BUTTERMILK HOUSE-MADE PANCAKES 24**

three buttermilk pancakes with fresh berries, Chantilly cream and maple syrup

✓ **STUFFED BRIOCHE FRENCH TOAST 25**

with pecan maple butter and balsamic-roasted strawberries

✓ **AVOCADO TOAST 22.5**

fresh avocado, tomato, radish, fresh ricotta, and Maldon Sea salt on house-made sourdough bread

with poached Nature's Farm™ Smart Egg™ **25.5**

FGH BREAKFAST 24.5

two Nature's Farm™ Smart Eggs™ prepared your way, served with shredded breakfast potatoes, your choice of peameal bacon, strip bacon or pork sausage, and house-made sourdough toast with preserves

✓ **MADE-TO-ORDER THREE EGG OMELETTE 28**

served with shredded breakfast potatoes and house-made sourdough toast with preserves

choice of three:

cheddar | Gruyère | plant-based provolone or mozzarella
smoked salmon | black forest ham | strip bacon
asparagus | mushroom | tomato | onion | spinach

FORT GARRY STYLE EGGS BENEDICT

two poached Nature's Farm™ Smart Eggs™ with scratch-made hollandaise on a house-made English muffin and shredded breakfast potatoes

Classic 25
with peameal bacon

✓ **Florentine 25**
with creamed spinach

Canadian 27
with smoked salmon

PETITE MENU

MINI FGH BREAKFAST one Nature's Farm™ Smart Egg™ with strip bacon, crispy breakfast potatoes, and house-made sourdough toast with preserves **18.5**

✓ **MINI BUTTERMILK HOUSE-MADE PANCAKES** two mini pancakes with fresh berries and maple syrup **18.5**

✓ **MINI FGH GRANOLA** with Greek yogurt and fresh berries **15.5**

SIDES 7

✓ **HOUSE-MADE SOURDOUGH** or **GLUTEN-FREE TOAST** with preserves

PORK SAUSAGE | **PEAMEAL BACON** | **STRIP BACON** | **SMOKED SALMON**

✓ **SHREDDED BREAKFAST POTATOES** | **CREAMED SPINACH**

BEVERAGES

FRESH BREWED COFFEE 6
regular | decaf

FRENCH PRESS 8

SHEPDOG COLD BREW 6
traditional | Ethiopian

FRESH STEEPED TEA 5
regular | decaf

FRESHLY SQUEEZED ORANGE JUICE 8